



Thanks so much for joining us in this AWESOME program and entrusting me to join YOU on YOUR journey!! I am so *excited* to do this with YOU and give YOU the best support possible! It's a good idea to go ahead, get acclimated and start the program the best you can -- then COMMIT to doing it as close to 100% as possible with the group.

We call this a "pre-detox" phase. Slowly work your way into it, or if you're game, just jump on in! If you've already been eating some or all of the Juice Plus+ products, you're a step ahead. But even if this is all new, the rest of the work is just eliminating certain things from your diet.

Can do! - you're not alone!

I have attached the **Customer Guide (T30 NAmerica)** for you. If we are friends on Facebook, then I've added you to our SECRET FB page called **Zesty for Health Group**. This is for people just like you and me to brag about our success, find encouragement, ask questions, and share delicious recipes! I also have a reprehensive / customer private FB page **Wacky for Wellness Group** to share what's new with Juice Plus, recipes and tips and you can share your successes there too! Make sure and say Hello!

When your product comes give me a call or connect on Facebook. I would like to set up a QUICK call BEFORE you start - *but* AFTER you've thoroughly read over the Customer Guide. Please write down ALL your questions so I can address them on the call. It's important to read over the full guide BEFORE our call.

Email or message me what time & day is best for you to do our starter call.

Talk to you soon!

Excited out of my brain for you!!!!

Cindy Cohen RN

Your partner in your T30 journey,

574-210-3958 cell

Customer Guide - click here--> <https://www.facebook.com/groups/zestyforhealth/>

Dr. Mitra Ray's YouTube video 23min - click here--> http://youtu.be/RFxTZ_INlCY